

# SAVING THE COMPLEXION FROM THE SUMMER SUN

## DIRECTIONS FOR FIGHTING FRECKLES AND SUNBURN Preventatives Which Should Be Used Regularly For These Troublesome Summer Ailments.

The old adage "An ounce of prevention is worth a pound of cure," certainly holds good in these summer afflictions—freckles and tan. It is far easier to prevent their coming than to get rid of them, and there are simple home remedies that will help, if you will only take the time and trouble to use them.

Those who tan and freckle very easily, should wash in very hot water, then apply both cold cream and powder before they go out. Brown veils are better than any other color. White veils, which are so much worn in summer, afford no protection to the girl who freckles. When the face is hot and burning after being out in the sun, wash in very hot water, or else bathe it in witch hazel, then apply a lotion made of equal parts of lemon juice and glycerine and rosewater. After that, massage in a little cold cream and the relief will be instantaneous.

Two simple home remedies are washing the face and hands in buttermilk every day, or else in horseradish lotion. This lotion is made by scraping a teaspoonful of horseradish into a cup of sour milk and letting it stand for six hours. Apply this two or three times a day. Never fail to massage in a little cold cream after using any of these lotions.

Dr. Cassarato, who doctored the divine

Sarah Bernhardt for so many years, recommends the following treatment in cases of very tender skins that tan and freckle: At night before going to bed, wash the face in water just as hot as can be borne, and after this spread over the face a layer of the following ointment: Oxide of zinc, 10 grams; talcum, 10 grams; powdered soap, 60 grams; lanolin, 5 grams; tincture of benzoin, 10 grams; water, 50 grams; glycerine, 10 grams.

In the morning wash the face again with very hot water and then powder it with starch.

A bottle of witch hazel, which should be used very freely, a lemon, some almond meal, a bottle of benzoin, should all be found on the washstand of the girl with the tender skin. And I can only again warn you about the use of soap. Use all the nice toilet water you want for a scent, but get the pure, unscented soap. Many people who freckle use only witch hazel soap, but castile, or any plain soap with no alkali in it, is equally good.

Two hands can always be protected by a thin glove, and in these sensible days of independence, the white silk glove, which can be washed time and again, or those of linen, or even thin cotton, worn by the well-dressed woman. Mitts are no good whatever. They are not only bad form, but do not protect the fingers. And lastly, do not think that because the sun is not shining brightly you will not tan and freckle.

No. 1943.

Child's One-Piece Bathing Suit.

All Seams Allowed.

Easy to get into, and a garment that looks well when donned in this little

one-piece bathing suit for a child, made of dark blue flannel trimmed with a red

flannel sailor collar and belt, having rows of soutache braid on both. It is

being so easy to make will meet with a warm reception from the sewing

mothers.

The pattern is in four sizes—2 to 8 years. For a child of 6 years the suit

needs 2½ yards of goods 27 inches wide, or 1½ yards 42 inches wide; 5½ yards of

braid to trim.

To obtain this pattern or any of the others heretofore described in

The Times, fill out the following coupon and inclose it with 10 cents in an envelope addressed to the Fashion

Editor, The Washington Times, Munsey Building, Washington, D. C.

To the Fashion Editor, The Washington Times, Munsey Building, Washington, D. C.:

Inclosed find 10 cents, for which send me

Pattern No. ....

Size ..... Street

Date published ..... City

Name ..... State

Date of this order .....

Serviceable Tweeds

Mixed tweeds with fine satin lines

make unusually pretty tailor frocks for the summer, being serviceable for

traveling, yachting, and all the outdoor sports, as well as for semi-dressy occasions. Any woman would delight

in the possession of Worth's newest with touches of black about the coat

and little black buttons trimming the skirt. The jacket falls below the hips

and follows the line of the figure closely. It is cut on the bias, so that each

stripe seems to form a curve of its own. The collar and revers are of black

center, fastened with buttons of mother-of-pearl, continuing down either side of the

front in the form of straps, fastened in quite a new style with black silk buttons.

The skirt is plaited and arranged with narrow pleats in which the stripes are

contrived so that they run horizontally, while around the hem there is a deep

band of material cut on the bias and trimmed with small black buttons.

Finishing the costume is a small white hat, trimmed with shaded yellow ribbon and a black bird of paradise plume.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of J. C. Watson

Times Want Ads Bring Results.

## MILLINERY



The above illustration shows one of the season's up-to-date hats. It is an odd shape, made of fine white straw, trimmed with a large rosette of light blue moire ribbon and a buckle in front. Split ostrich plumes, which are a delicate shade of light blue, are arranged on the right side of the crown. A deep bandeau in the back gives the hat a pretty tilt. A bunch of ribbon made in pretty loops fixed under the brim completes the hat.

### The Mistress With Ideals

The first requisite for an ideal dining room is a mistress with ideals. She wants to make the room where her family meets together three times a day the dearest spot on earth to them. It is the place of physical growth. It must be as well the room where sweet temper and loving service and joyous hospitality will minister to ethical growth. The best room in the house, the morning sunshine, the open fire, the picture window, are ideal, and every woman would have them for her dining room if she could.

But if we cannot realize our ideals, we can, as Kate Wiggins says, "idealize our ideals." If we cannot have our house roses we may have a bit of green for our table. We can give of our best to this room devoted to the family growth, and we can keep out of all that offends. "Cross words," sour looks, family troubles, fault-finding, petting, and, if possible, all traces of weariness must be religiously excluded. There is a tiny dining room in a certain town house where the sunshine never comes and there is no fire in sight, and the only view from the window is of a dead brick wall, but the smiling face and cordial graciousness of the woman at the head of the table remind you of sunshine and open fires, and beautiful pictures and rare flowers and everything that helps to make an ideal dining room.

It means hard work for a woman to make her dining room always attractive. It means constant thought and care for the likes and dislikes of her family; it means putting up with her own preferences; it means often making the best of poor material; it means a perpetual struggle to make things that are not perfect seem perfect.

It means that the ideal dining room will become a reality.

## SUMMER RESORTS

The Times conducts a complete Resort Bureau, where every attention will be given persons desirous of obtaining information concerning Resorts throughout the country. The service is free.

### Maryland Resorts.

#### THE MARYLAND HOME AND VIRGINIA HOME

Mountain Lake Park, now open. Rates, \$1 to \$1.50 per day. This is the most healthy resort in the Middle States; beautiful scenery; lovely drives; situated on the R. & O. 9,000 feet above tide-water. Write for program. P. T. GARTRIGHT.

### Pasadena

Beautiful salt-water situation; splendid accommodations; many attractive health resorts in Maryland. Rates, \$5 to \$10. FREDERICK HARPER, Co., 10.

### Mt. Lake Park, Md.

Alleghany House, Rosemont, Conn., and Burlington, under one management. Rates, \$5.50 to \$12.00. Special season rates. Booklet. Best location, rooms, and board on grounds. Convalescent. Mrs. V. H. PRESTON.

### Delaware Resorts

#### The Windermere Cottage

One block from beach. Rates on application. Mrs. ELIZABETH REHOBOTH, Del.

#### HOTEL HENLOPEN REHOBOTH, DEL.

Situated directly in front of the best beach for bathing on the Atlantic coast. Largest Summer Resort hotel in Delaware. Rates reasonable. H. M. DAVIDSON, Proprietor.

### Vermont Resorts.

#### SUMMER HOMES IN GREEN HILLS OF VERMONT AND LAKE CHARLETTOWN

Terms \$4 to \$10 per week.

New trains between Boston, New York, Springfield and Vermont points. As good as any on the continent. 150-page illustrated brochure mailed free on receipt of 4c in stamps for postage.

Address: A. W. ECCLESTONE, So. Pass. Agt., 28 Broadway, New York City.

### Nova Scotia Resorts.

#### DIGBY, N. S. DUFRERIN HOTEL

On beautiful Digby Basin. Fine boating, fishing, golf. Average temperature, 50. Rates, \$5 to \$12 per week.

312-25. C. A. JORDAN, Proprietor.

Times Want Ads Bring Results.

### Fashion Notes

Tulle edged with curled ostrich feather is used as a hat trimming, and looks deliciously soft and dainty. Many women prefer to wear a black hat with a light marquisette gown over white satin.

On nearly all modish gowns is present a semicircle of Persian or Japanese coloring, or brocade ribbon, or some delicate embroidery.

It is noticeable that some of the smartest dresses have quite tight and long sleeves. This points to the disappearance of elbow sleeves and of those known as the "kimono."

A fichu of satin, without frills, worn over a diaphanous frock is a change from the usual order of things, and should be accompanied by a transparent hat trimmed with big bows or choux of the same satin, and a transparent parasol treated likewise.

Hats have been bordered and lined with black for some time, but a pretty reversal of this scheme is seen in a picturesque shape which is all black above, brim, crown and trimming, but under the brim is of soft ivory drawn chiffon over white chip. A hat all of one color looks smart with such a lining, or, of course, a black one, especially if there be a note of black worn in the gown. A black hat and a black gown can each have a colored lining.

The knee-length transparent net coats decorated with soutache of which we are hearing are charming fancies of the moment. Decorated all over with curly-woolly design of braid, they are familiar, but those trimmed with soutache in straight lines, perpendicular, diagonal, and even horizontal, are more original and very smart if well carried out.

### Refreshing Sleep

Is one of the great preservers of youth. Eight hours of regular sleep at night and a short nap during the day will do much to keep the face free from wrinkles. Always sleep with the bedroom window open a few inches at the top, both in summer and winter. A daily morning bath, tepid in winter and cold in summer, with a brisk rub to follow, will be found to keep the skin fresh and clear. At least a couple of hours must be spent in the open air, either in walking or playing games, as circumstances permit.

All tight clothing, and especially tight lacing, must be avoided, as compression disturbs the circulation, and often is the cause of enlarged veins and red noses.

The effect of diet on the skin is of the utmost importance, and many dermatologists have made a careful study of this aspect of the question. Abstinence from all rich food and stimulants has been tried with success. A celebrated woman, who was famous even in her old age for her beautiful, clear complexion and freedom from wrinkles, once was persuaded to tell the secret of her youthful looks. The answer was simple. Abstinence had been the rule of her life. No tea, coffee, or stimulant of any kind. To keep well, drink lemonade or water, eat apples, grapes, and figs regularly. Take the raw juice of a lemon every other day. Never fail to walk regularly. Bath frequently. Above all, never let anything have the power to worry you, but always try to remain calm and cheerful.

### One Touch of Nature

The scene was a busy city street. From one of the windows of a hotel, as famous as it is large and magnificent, floated the red, white, and green flag of sunny Italy, a token of honor to a distinguished visitor to our country.

Down the street came, plodding slowly, for the long, hard day was almost over, two Italian women, one dragging after her a heavy grind organ, the other trudging listlessly, behind. Dull, dispirited, stupid, they looked—typical pleasant beasts of burden, with an added touch of pallor and ill health brought on by the city atmosphere.

Suddenly, she who walked beside the instrument turned sharply, and with a quick, "Mio Dio!" pointed a trembling finger to the flag, waving slightly in the evening breeze. The other dropped her organ; for one minute she stood steadfast, her eyes fixed on the emblem of the beautiful land that she would see no more.

In the dusk, the figures of the two women partook exactly of the simple reverence and adoration of Millet's "Angelus." Then with a little sigh the second took up her burden again; the other bowed her head and followed.

The two tired, ungraceful forms vanished into the twilight. And the girl who had watched them murmured softly to herself the words that always mean to her music-and-far-off promises: Napoli, Firenze, Lerici, and—a che facite—Roma!

## LANSBURGH & BRO.

420 to 426 7th St. 417 to 425 8th St.

SHOP EARLY SATURDAY. WE CLOSE AT 6 P. M.

### Infants' Wearables

Infants' sizes only in Fine Lisle Cotton Shirts, low neck, 23c and no sleeves; sizes 1 and 2. Special 98c

Babies' Short Dresses, made of fine quality nainsook, round and square yokes, neatly trimmed with lace hemstitching and French knots; 6 months to 2 years. Special 98c

### Clearance Sale Ready-to-Wear Articles

SHOP EARLY SATURDAY. WE CLOSE 6 P. M.

### Parasols Greatly Reduced

A lot of Linene Parasols, the washable kind; hemstitched or embroidered border, stylish natural wood handles. Worth \$1.50. Special 98c	A lot of Linen Parasols with tucks and wide embroidered edge, embroidered on linen, and wide embroidered inserting. Worth \$2 and \$2.50. Special \$1.50	All-silk Parasols, fine quality taffeta; colors are brown, green, blue, white, red and pinks; white linen with large assortment of embroidered edge and inserting. Our regular \$3 and \$4 kinds. Special \$1.98
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### "Attention," Men—Look At This.

#### Silk Four-in-Hands

2 FOR A QUARTER. 250 dozen Men's All-silk Four-in-Hands, in the latest designs and new colorings. They are made of the same silks from which the \$6c ties are cut, and the shape is the narrow one so much in style at the present time. Till they are gone.

#### Men's Shirts

Men's Colored and Black Figured and Striped Shirts, in all sizes. Some with separate and attached cuffs. The best material used and every shirt cut to fit. A 75c value, at \$1.30 value.

#### Men's Underwear

Men's Balbriggan Shirts and Drawers, in all styles to match. Shirts have long or short sleeves, self front and pearl buttons; Drawers have self-front, suspenders tapes and well-reinforced waistbands. A special value at \$1.30.

2 for 25c 59c 39c a Garment

SHOP EARLY SATURDAY. WE CLOSE 6 P. M.

### July Cut-Price Sale

## BOYS' CLOTHING

Prices have fallen down into the chasm of NOTHINGNESS. This is the deepest cut of all.

### Watch Our Prices:

Our Wash Blouse Suits of cheviot, crash, madras, galatea, and linen; bloomer and straight pants.

All our 65c values, now 39c per Suit

Many styles of 85c values, now 59c per Suit

Pretty styles in our \$1.00 and \$1.25 values, now 79c per Suit

Our Imported Fabrics, \$1.50 and \$1.75 values, now \$1.19 per Suit

Our Lightweight Woolen Summer Cassimere Double-breasted Suits, sizes 9 to 16.

Our \$3 and \$3.50 values, now \$1.98

Special designs in \$4 and \$4.50 values, now \$2.98

A limited quantity in all-wool, \$5 and \$6 values, now \$3.49

We are closing out a line of Woolen Cassimere, Navy Blue Cheviot and Serge 3-piece Suits, coat, knee pants, and vest; sizes 9 to 16; \$3 to \$6 values. Choice, per suit, \$1.89

200 Boys' Sailor Straw Hats, 50c, 75c, and \$1.00 values. 25c

Choice

SHOP EARLY SATURDAY. WE CLOSE AT 6 P. M.

### ANNOUNCEMENT

During the summer season our store will close daily at 5 P. M. and SATURDAYS at 6 P. M.

M. GOLDSMITH & SON, Jewelers, 911 Penna. Ave.

Wide Awake and No Pain

Dr. Evans pulled a tooth for me while I was awake and I felt no pain. CLEVELAND RIDGELY, 141 22nd St. N. E.

We can do the same for you. DR. EVANS' DENTAL PARLORS, 11th and Pa. Ave. Southeast.

Times Want Ads Bring Results.

### Now in Washington at Department and Drug Stores

Rest Hair Tonic On Earth

A Greater Baltimore Product

Everywhere 25c

Sunburn and Freckles Removed

By using "Foley's" Jasm. Cream. Nothing better for the skin—Priced at 12 and 25 cents. Try it and be convinced. Phone or drop postal to FOLEY'S PHARMACY, 11th and Pa. Ave. Southeast.

Times Want Ads Bring Results.

## SWEAT ODORS

often peculiarly strong, are sometimes inherited, sometimes characteristic of certain physical disturbances. Whatever the cause, they may be overcome, usually entirely so, and the general skin condition greatly improved by the faithful, liberal use of

### Pond's Extract Soap

First, this soap is a mild, soothing, penetrating cleanser which not only purifies the surface but enters into the pores, at the same time carrying in the

Pond's Extract which, being a perfect antiseptic, so purifies the glands themselves that their healthy action renders the excretion more healthy in character. Its whiteness indicates its purity. From your druggist.

### Armour & Company

Sole Licensees from Pond's Extract Company

During July and August we close at 5 p. m.; Saturdays, 1 p. m.

Credit for All Washington

### Rattan Rockers

### Gas Ranges

### Metal Beds

Much of the unpleasantness of hot weather can be avoided by a little care in selecting suitable furnishings for the home. We have everything to make you comfortable, and we invite you to choose what you want, with the distinct understanding that the terms of payment will be arranged to suit you.

### Peter Grogan

617-618-621-622 SEVENTH ST. (Bet. H and I (Eye) Sta.)

### Beautify the Complexion IN TEN DAYS

### Nadinola

CREAM, the unequalled beautifier, is endorsed by thousands and guaranteed to remove freckles, pimples, liver-spots, tan, sallowness, etc., the worst case in 20 days, and restore the beauty of youth. Price 25 cents and \$1.00, by leading druggists or mail. Prepared by NATIONAL TOILET CO., Paris, Tenn.

Sold by People's Pharmacy, O'Donnell, and other druggists.

### Mid-Summer Clearance Sale Of Elegant Sewing Machines

These slightly used sewing machines, actually worth \$30 to \$25, in good condition and guaranteed.

Singer ..... \$4

White & Wilson ..... \$3

Domestic ..... \$2

Standard ..... \$10

### OPPENHEIMER'S

514 Ninth St. N. W. Phone Main 1512.

### Coke is a Satisfactory, Economical Fuel

Never fails to give the best results when used for cooking. The big demand for coke is evidence of the appreciation of its merits. We'll supply you.

25 Bushels Large Coke, delivered.....\$2.50

40 Bushels Large Coke, delivered.....\$3.75

25 Bushels Crushed Coke, delivered.....\$2.50

40 Bushels Crushed Coke, delivered.....\$3.75

Washington Gaslight Co. 413 10th St. N. W.

### CORBY'S Mother's Bread

Pure as mother made it. The label identifies it.

Was it YOU who asked a friend the other day if he knew of a good bread house? If you are the man there is something to interest you in the want ads today.